

ENTRANCE ANTIPHON Cf. Ps 24: 15-16

My eyes are always on the Lord,
for he rescues my feet from the
snare. Turn to me and have mercy
on me, for I am alone and poor.

ENTRANCE HYMN

Behold the days are coming,
says the Lord our God,
when I will make a new covenant
with the house of Israel.

*R: Grant to us, O Lord, a heart renewed;
recreate in us your own spirit Lord!*

Deep within their being
I will implant my law;
I will write it in their hearts.

*R: Grant to us, O Lord, a heart renewed;
recreate in us your own spirit Lord!*

I will be their God
and they shall be my people.

*R: Grant to us, O Lord, a heart renewed;
recreate in us your own spirit Lord!*

And for all their faults
I will grant forgiveness;
never more .

*R: Grant to us, O Lord, a heart renewed;
recreate in us your own spirit Lord!*

Priest: In the name of the Father and
of the Son, and of the Holy
Spirit.

People: **Amen.**

Grace to you and peace from God our
Father and the Lord Jesus Christ.

And with your spirit.

PENITENTIAL RITE

You raise the dead to life in the Spirit:
Lord, have mercy.

Lord, have mercy.

You bring pardon and peace to the
sinner: Christ, have mercy.

Christ, have mercy.

You bring light to those in darkness:
Lord, have mercy.

Lord, have mercy.

The absolution by the Priest follows:

May almighty God have mercy on us,
forgive us our sins

and bring us to everlasting life.

Amen.



THIRD SUNDAY OF LENT

7th March 2021



COLLECT

O God, author of every mercy and of
all goodness,
who in fasting, prayer and almsgiving
have shown us a remedy for sin,
look graciously on this confession of
our lowliness, that we, who are bowed
down by our conscience,
may always be lifted up by your mercy.
Through our Lord Jesus Christ, your
Son, who lives and reigns with you in
the unity of the Holy Spirit,
God, for ever and ever.

Amen.

THE LITURGY OF THE WORD

SIT

FIRST READING

20:1-17

**A reading from the book of
Exodus**

God spoke all these words. He said,
“I am the Lord your God who
brought you out of the land of Egypt,
out of the house of slavery.

“You shall have no gods except
me.

“You shall not make yourself a
carved image or any likeness of
anything in heaven or on earth
beneath or in the waters under the
earth; you shall not bow down to
them or serve them. For I, the Lord
your God, am a jealous God and I
punish the father’s fault in the sons,

the grandsons, and the great-
grandsons of those who hate me;
but I show kindness to thousands of
those who love me and keep my
commandments.

“You shall not utter the name of
the Lord your God to misuse it, for
the Lord will not leave unpunished
the man who utters his name to
misuse it.

“Remember the sabbath day and
keep it holy. For six days you shall
labour and do all your work, but the
seventh day is a sabbath for the
Lord your God. You shall do no
work that day, neither you nor your
son, nor your daughter nor your
servants, men or women, nor your
animals nor the stranger who lives
with you. For in six days the Lord
made the heavens and the earth
and the sea and all that these hold,
but on the seventh day he rested;
that is why the Lord has blessed the
sabbath day and made it sacred.

“Honour your father and your
mother so that you may have a long
life in the land that the Lord your
God has given to you.

“You shall not kill.

“You shall not commit adultery.

“You shall not steal.

“You shall not bear false witness
against your neighbour.

“You shall not covet your
neighbour’s house. You shall not
covet your neighbour’s wife, or his
servant, man or woman, or his ox,
or his donkey, or anything that is
his.”

The word of the Lord.

Thanks be to God.

RESPONSORIAL PSALM

Ps18:8-11.R.Jn6:68

**R. You, Lord, have the message
of eternal life.**

1. The law of the Lord is perfect,
it revives the soul.

The rule of the Lord is to be trusted,
it gives wisdom to the simple. **R.**

2. The precepts of the Lord are right,
they gladden the heart.
The command of the Lord is clear,
it gives light to the eyes. **R.**

3. The fear of the Lord is holy,
abiding for ever.
The decrees of the Lord are truth
and all of them just. **R.**
4. They are more to be desired than gold,
than the purest of gold
and sweeter are they than honey,
than honey from the comb. **R.**

SECOND READING **1:22-25**

**A reading from the first letter of
St Paul to the Corinthians**

While the Jews demand miracles and the Greeks look for wisdom, here are we preaching a crucified Christ; to the Jews an obstacle that they cannot get over, to the pagans madness, but to those who have been called, whether they are Jews or Greeks, a Christ who is the power and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

The word of the Lord.

Thanks be to God.

◀ **STAND** ▶

ACCLAMATION **Ezek 18:31**

**Praise to you, O Christ,
king of eternal glory!**

**I am the resurrection and the life,
says the Lord,
whoever believes in me
will never die.**

**Praise to you, O Christ,
king of eternal glory.**

GOSPEL **2:13-25**

The Lord be with you.
And with your spirit.
A reading from the holy
Gospel according to John.
Glory to you, O Lord.



Just before the Jewish Passover Jesus went up to Jerusalem, and in the Temple he found people selling cattle and sheep and pigeons, and the money changers sitting at their counters there. Making a whip out of some cord, he drove them all out of the Temple, cattle and sheep as well, scattered the money changers' coins, knocked their tables over and said to the pigeon-sellers, "Take all this out of here and stop turning my Father's house into a market." Then his disciples remembered the words



of scripture: Zeal for your house will devour me. The Jews intervened and said, "What sign can you show us to justify what you have done?" Jesus answered, "Destroy this sanctuary, and in three days I will raise it up." The Jews replied, "It has taken forty-six years to build this sanctuary: are you going to raise it up in three days?" But he was speaking of the sanctuary that was his body, and when Jesus rose from the dead, his disciples remembered that he had said this, and they believed the scripture and the words he had said.

During his stay in Jerusalem for the Passover many believed in his name when they saw the signs that he gave, but Jesus knew them all and did not trust himself to them; he never needed evidence about any man; he could tell what a man had in him.

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

◀ **STAND** ▶

PROFESSION OF FAITH

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial
with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
(All bow during the next three lines)
and by the Holy Spirit was incarnate
of the Virgin Mary,
and became man.**

**For our sake he was crucified under
Pontius Pilate,
he suffered death and was buried,**

**and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of
the Father.**

**He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord,
the giver of life,
who proceeds from the Father and
the Son,
who with the Father and the Son is
adored and glorified,
who has spoken through the
prophets.**

**I believe in one, holy, catholic and
apostolic Church.**

**I confess one Baptism for the
forgiveness of sins
and I look forward to the
resurrection of the dead
and the life of the world to come.
Amen.**

PRAYER OF THE FAITHFUL

LITURGY OF THE EUCHARIST

◀ **SIT** ▶

Raising the host, the priest says:

Blessed are you, Lord, God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands,

it will become for us the bread of life.

Blessed be God for ever.

The priest pours wine and a little water into the chalice, saying quietly:

By the mystery of this water and wine may we come to share in the divinity of Christ, who humbled himself to share in our humanity.

Raising the chalice, the priest says:

Blessed are you, Lord, God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands,

it will become our spiritual drink.

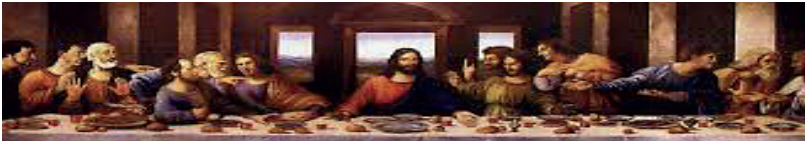
Blessed be God for ever.

Bowing the priest says quietly:

With humble spirit and contrite heart may we be accepted by you, O Lord, and may our sacrifice in your sight this day be pleasing to you, O Lord.

Then the priest washes his hands, saying quietly:

Wash me, O Lord, from my iniquity; and cleanse me from my sin.



◀ **STAND** ▶

Facing the people the priest says:

Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good, and the good of all his holy Church.

PRAYER OVER THE OFFERINGS

Be pleased, O Lord, with these sacrificial offerings, and grant that we who beseech pardon for our own sins, may take care to forgive our neighbour. Through Christ our Lord.

Amen.

PREFACE: II of Lent
EUCCHARISTIC PRAYER II

The Lord be with you.
And with your Spirit.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.
It is right and just.

It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God.

For you have given your children a sacred time for the renewing and purifying of their hearts, that, freed from disordered affections, they may so deal with the things of this passing world as to hold rather to the things that eternally endure.

And so, with all the Angels and Saints, we praise you, as without end we acclaim:

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.



◀ **KNEEL** ▶

You are indeed Holy, O Lord, the fount of all holiness.

The Priest joins his hands and, holding them extended over the offerings, says:

Make holy, therefore, these gifts, we pray, by sending down your Spirit upon them like the dewfall, so that they may become for us the Body ✕ and Blood of our Lord, Jesus Christ.

At the time he was betrayed and entered willingly into his Passion, he took bread and, giving thanks, broke it, and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT, FOR THIS IS MY BODY, WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was ended, he took the chalice and, once more giving thanks, he gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT, FOR THIS IS THE CHALICE OF MY BLOOD, THE BLOOD OF THE NEW AND ETERNAL COVENANT, WHICH WILL BE Poured OUT FOR YOU AND FOR MANY FOR THE FORGIVENESS OF SINS.

DO THIS IN MEMORY OF ME.

The mystery of faith

When we eat this Bread and drink this Cup, we proclaim your death, O Lord, until you come again.

Then the Priest, with hands extended, says:

Therefore, as we celebrate the memorial of his Death and Resurrection, we offer you, Lord, the Bread of life and the Chalice of salvation, giving thanks that you have held us worthy to be in your presence and minister to you.

Humbly we pray that, partaking of the Body and Blood of Christ, we may be gathered into one by the Holy Spirit.

Remember, Lord, your Church, spread throughout the world, and bring her to the fullness of charity, together with Francis, our Pope, N. our Bishop, his assistant Bishop(s), and all the clergy.

Remember also our brothers and sisters who have fallen asleep in the hope of the resurrection, and all who have died in your mercy: welcome them into the light of your face.

Have mercy on us all, we pray, that with the Blessed Virgin Mary, Mother of God, with blessed Joseph, her Spouse, with the blessed Apostles and with all the Saints who have pleased you throughout the ages, we may merit to be coheirs to eternal life, and may praise and glorify you through your Son, Jesus Christ.

The Priest takes the chalice and the paten with the host and, elevating both, he says:

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.
Amen.

COMMUNION RITE

◀ **STAND** ▶

At the Saviour's command and formed by divine teaching, we dare to say:

Our Father, who art in heaven . . .

Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

For the kingdom, the power and the glory are yours, now and for ever.

Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever.
Amen.

The peace of the Lord be with you
always.

And with your Spirit.

The priest may add these or similar words.

Let us offer each other the sign of peace.

The priest places a small piece of the host in the chalice saying quietly:

May this mingling of the body and
blood of our Lord Jesus Christ
bring eternal life to us who receive it.

Meanwhile the people sing or say:

**Lamb of God, you take away the
sins of the world:
have mercy on us.**

**Lamb of God, you take away the
sins of the world
have mercy on us.**

**Lamb of God, you take away the
sins of the world
grant us peace.**

◆◆◆**KNEEL**◆◆◆

The priest says quietly:

May the receiving of your Body and
Blood,
Lord Jesus Christ,
not bring me to judgement and
condemnation,
but through your loving mercy
be for me protection in mind and
body, and a healing remedy.

Raising the host the priest says:

Behold the Lamb of God,
behold him who takes away the sins of
the world.
Blessed are those called to the supper
of the Lamb.

And together with the people he says once:

**Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.**

May the Body of Christ
keep me safe for eternal life.

The Priest reverently consumes the Body of Christ.

Then he takes the chalice and says quietly:
May the Blood of Christ
keep me safe for eternal life.

The Priest raises a host slightly and shows it to each of the communicants, saying:

The Body of Christ.

Amen.



COMMUNION ANTIPHON Jn 4: 13-14

**For anyone who drinks it, says the
Lord, the water I shall give will
become in him
a spring welling up to eternal life.**

◆◆◆**COMMUNION HYMN**◆◆◆

*Eat this bread, drink this cup.
come to me and never be hungry.
Eat this bread, drink this cup
trust in me and you will not thirst.*

**I am the Bread of Life,
the true bread sent from the Father.**

**Your ancestors ate manna in the
desert,
but this is the bread come down
from heaven.**

**Eat my flesh, and drink my blood,
and I will raise you up on the last day.**

**Anyone who eats this bread
will live forever.**

**If you believe and eat this bread
you will have eternal life.**

◆◆◆**PRIVATE PRAYER AFTER COMMUNION**◆◆◆

My Jesus you know what is in us;
you know the kind of person I am.
During this Lent, remove all stain of
sin from my soul just as you drove
out those who had turned your
Father's house into a house of
trade. Help me to keep all your
commandments.

On my own, I find it difficult to be good
all the time.

But you, my Jesus, are the power of
God and the wisdom of God:

I can do all things when you
give me strength.

O Jesus, be merciful to me, a
sinner.

◆◆◆**STAND**◆◆◆

PRAYER AFTER COMMUNION

As we receive the pledge
of things yet hidden in heaven
and are nourished while still on earth
with the Bread that comes from
on high,
we humbly entreat you, O Lord,
that what is being brought about in us
in mystery
may come to true completion.
Through Christ our Lord.
Amen.

◆◆◆**CONCLUDING RITES**◆◆◆

PRAYER OVER THE PEOPLE

Direct, O Lord, we pray, the hearts of
your faithful,
and in your kindness grant your
servants this grace:
that, abiding in the love of you and
their neighbour, they may fulfil the
whole of your commands.
Through Christ our Lord.
Amen.

The Lord be with you.
And with your spirit.

Bow head for the blessing – short silence
And may the blessing of almighty God,
the Father, and the Son, ✠ and the
Holy Spirit, come down on you and
remain with you for ever.
Amen.

Go and announce the Gospel of
the Lord.

Thanks be to God.

◆◆◆**RECESSIONAL HYMN**◆◆◆

**How lovely on the mountains
are the feet of him
who brings good news, good news,
announcing peace,
proclaiming news of happiness:
Our God reigns, Our God reigns.
Our God reigns, Our God reigns.
Our God reigns, Our God reigns.**

**Ends of the earth, see
the salvation of our God!
Jesus is Lord, is Lord!
Before the nations,
he has bared his holy arm.
Our God reigns, Our God reigns.
Our God reigns, Our God reigns.
Our God reigns, Our God reigns.**